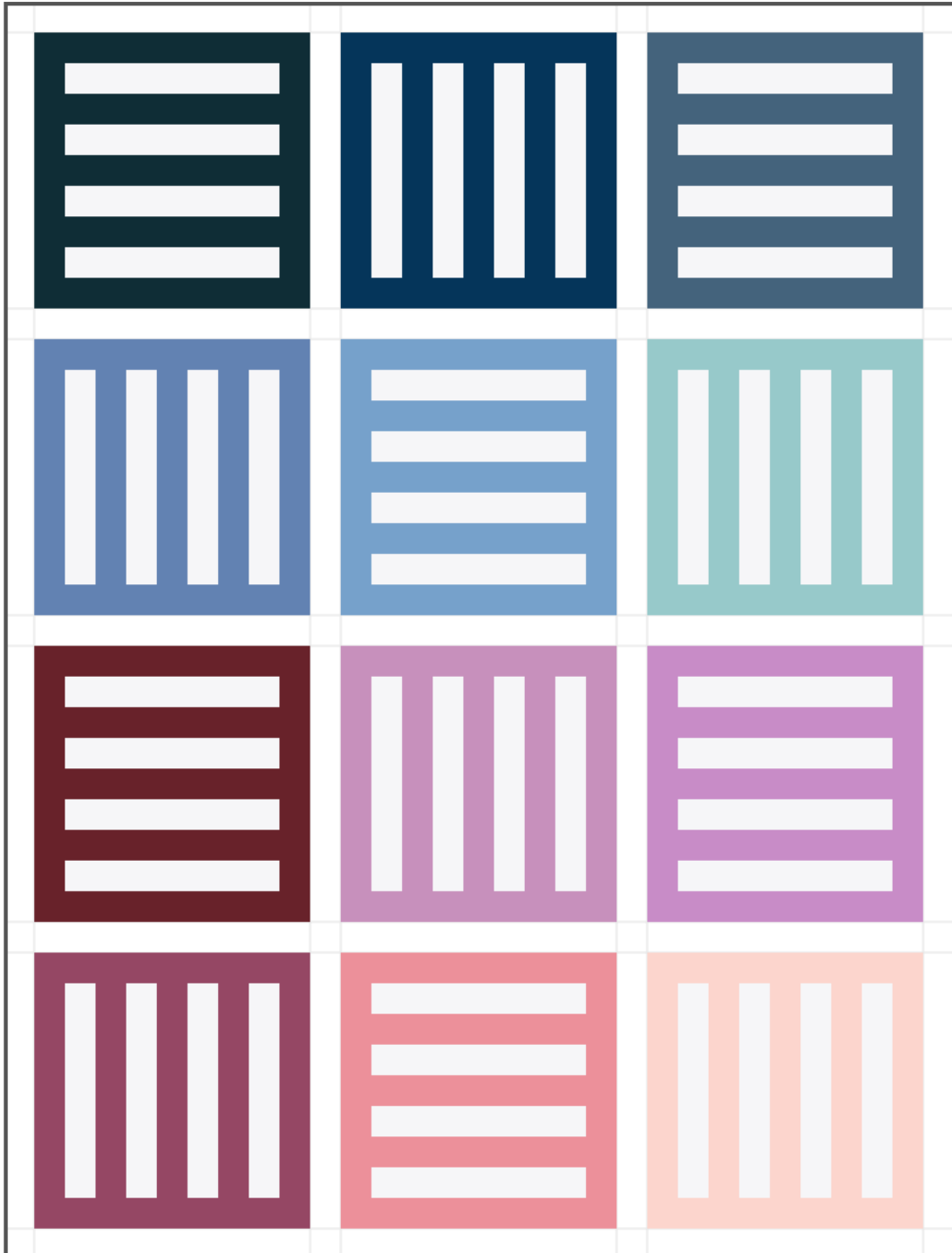


# MAPLE BAR

A QUILT PATTERN BY JESSICA POÉMAPE



BABY  
(42" X 42")

SQUARE THROW  
(62" X 62")

LARGE THROW  
(82" X 62")

@JESSPOEMAPE

# INTRODUCTION

This pattern was designed to showcase a fat quarter bundle. The name was inspired by one of my favorite things: a maple bar donut! This modern quilt pattern comes together really quick, with each block measuring 18" finished, making it perfect for beginners!



In order to reduce waste, consider not printing this pattern or only printing the pages you need for the size you intend to make.

## ASSUMPTIONS

- **SKILL LEVEL: BEGINNER**
- **WOF = WIDTH OF FABRIC**
- **PATTERN ASSUMES WOF TO BE 42"**
- **FQ = FAT QUARTER**
- **ALL SEAMS ARE 1/4"**
- **READ ALL INSTRUCTIONS BEFORE BEGINNING**



Baby (42" x 42")



Square Throw (62" x 62")



Large Throw (82" x 62")

# FABRIC REQUIREMENTS AND CUTTING INSTRUCTIONS

	<b>BABY</b> 42" x 42"	<b>SQUARE THROW</b> 62" x 62"	<b>LARGE THROW</b> 62" x 82"
FQs	<b>4 FQ</b> Follow the cutting diagram to cut your fat quarters	<b>9 FQ</b> Follow the cutting diagram to cut your fat quarters	<b>12 FQ</b> Follow the cutting diagram to cut your fat quarters
Background	<b>1 yard</b> Cut <b>1</b> - 14.5" x WOF strips; subcut into <b>16</b> - 14.5" x 2.5" pieces ( <b>B1</b> )  Cut <b>1</b> - 2.5" x WOF strips; subcut into <b>2</b> - 18.5" x 2.5" pieces ( <b>S1</b> )  Cut <b>5</b> - 2.5" x WOF strips. Set aside for sashing.	<b>1 - 7/8 yards**</b> Cut <b>2</b> - 14.5" x WOF strips; subcut into <b>32</b> - 14.5" x 2.5" pieces ( <b>B1</b> )  Cut <b>2</b> - 2.5" x WOF strips; subcut into <b>4</b> - 14.5" x 2.5" pieces ( <b>B1</b> )  Cut <b>3</b> - 2.5" x WOF strips; subcut into <b>6</b> - 18.5" x 2.5" pieces ( <b>S1</b> )  Cut <b>9</b> - 2.5" x WOF strips. Set aside for sashing.	<b>2 - 1/3 yards**</b> Cut <b>3</b> - 14.5" x WOF strips; subcut into <b>48</b> - 14.5" x 2.5" pieces ( <b>B1</b> )  Cut <b>4</b> - 2.5" x WOF strips; subcut into <b>8</b> - 18.5" x 2.5" pieces ( <b>S1</b> )  Cut <b>12</b> - 2.5" x WOF strips. Set aside for sashing.
Backing*	<b>2 - 5/6 yards</b> (horizontal seam or vertical seam)	<b>4 yards</b> (horizontal seam or vertical seam)	<b>5 yards</b> (vertical seam) or <b>5 - 7/8 yards</b> (horizontal seam)
Binding**	<b>1/3 yards</b> Cut <b>5</b> - 2.25" x WOF strips	<b>1/2 yards</b> Cut <b>7</b> - 2.25" x WOF strips	<b>1/2 yards</b> Cut <b>8</b> - 2.25" x WOF strips

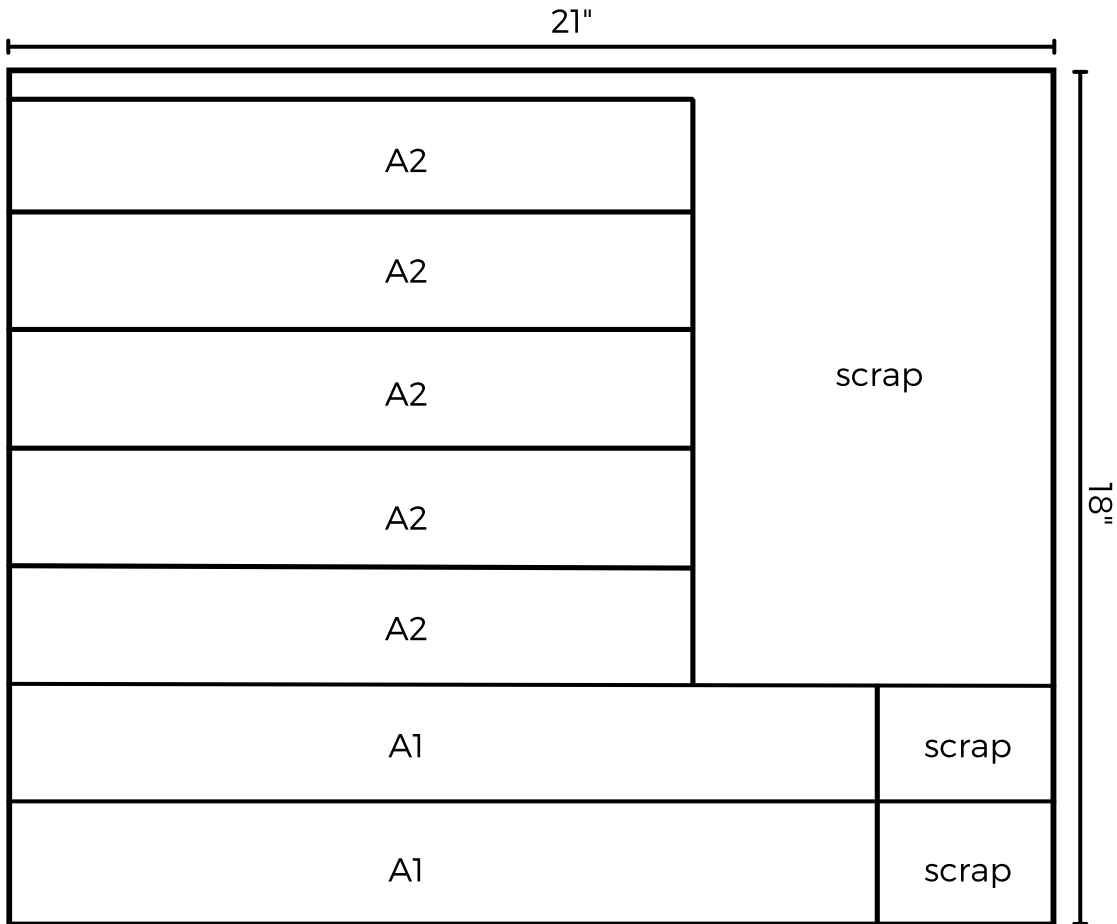
\*Backing includes 4" overage on all sides

\*\*Fabric requirements are exact amounts, so there is no room for cutting errors. If you want a little more wiggle room, add 1/8 or 1/4 yard more.

# FQ CUTTING DIAGRAM

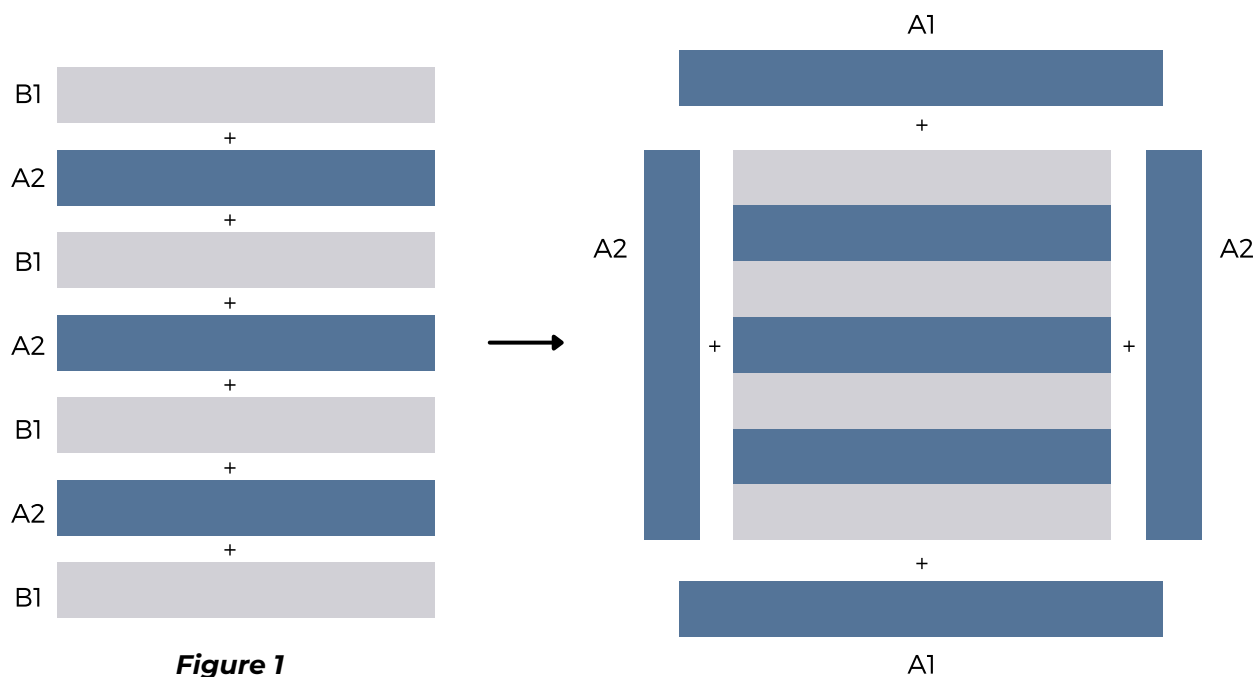
From *each* fat quarter, cut the following pieces:

- **2** - 18.5" x 2.5" (**A1**)
- **5** - 14.5" x 2.5" (**A2**)



# PART 1: BLOCK CONSTRUCTION

1. To create 1 block, gather 4 (**B1**) pieces, 2 (**A1**) pieces, and 5 (**A2**) pieces.
2. Create the center strip unit of the block by sewing alternating (**B1**) and (**A2**) pieces together as shown in the diagram below. Press seams open.
3. Sew the remaining 2 (**A2**) pieces to the sides of the strip unit. Press seams towards **A2**. Sew the (**A1**) pieces to the top and bottom. Press seams towards (**A1**). The block should measure 18.5" square.
4. Repeat with the remaining FQs.



Finished block  
(18.5" square)

# PART 2: SASHING CONSTRUCTION

Create the sashing strips. You will need the following sizes.

## Large Throw

- **3** - 58.5" x 2.5" pieces (**S2**)
- **2** - 78.5" x 2.5" pieces (**S3**)
- **2** - 62.5" x 2.5" pieces (**S4**)

## Square Throw

- **4** - 58.5" x 2.5" pieces (**S2**)
- **2** - 62.5" x 2.5" pieces (**S4**)

To create the **S2** sashing, gather (**5** for Large Throw)(**6** for Square Throw) - 2.5" x WOF strips.

1. Take one WOF strip and cut it in half.
2. Sew a half WOF strip to a WOF strip. Press seams open.
3. Trim to 58.5" long.
4. Repeat to create (**3** for Large Throw)(**4** for Square Throw) **S2** strips. (You will have one half WOF strip leftover for Large Throw.)

To create the **S3** sashing, gather **4** - 2.5" x WOF strips. (*Large Throw ONLY*)

1. Sew two WOF strips together end to end. Press seams open.
2. Trim to 78.5" long.
3. Repeat to create 2 **S3** strips.

To create the **S4** sashing, gather **3** - 2.5" x WOF strips.

1. Take one WOF strip and cut it in half.
2. Sew a half WOF strip to a WOF strip. Press seams open.
3. Trim to 62.5" long.
4. Repeat to create 2 **S4** strips.

## Baby

- **3** - 38.5 x 2.5" pieces (**S2**)
- **2** - 42.5 x 2.5" pieces (**S4**)

To create the **S4** sashing, gather **2** - 2.5" x WOF strips. Use the offcuts from making the **S2** pieces to create enough length to trim to 42.5" long.

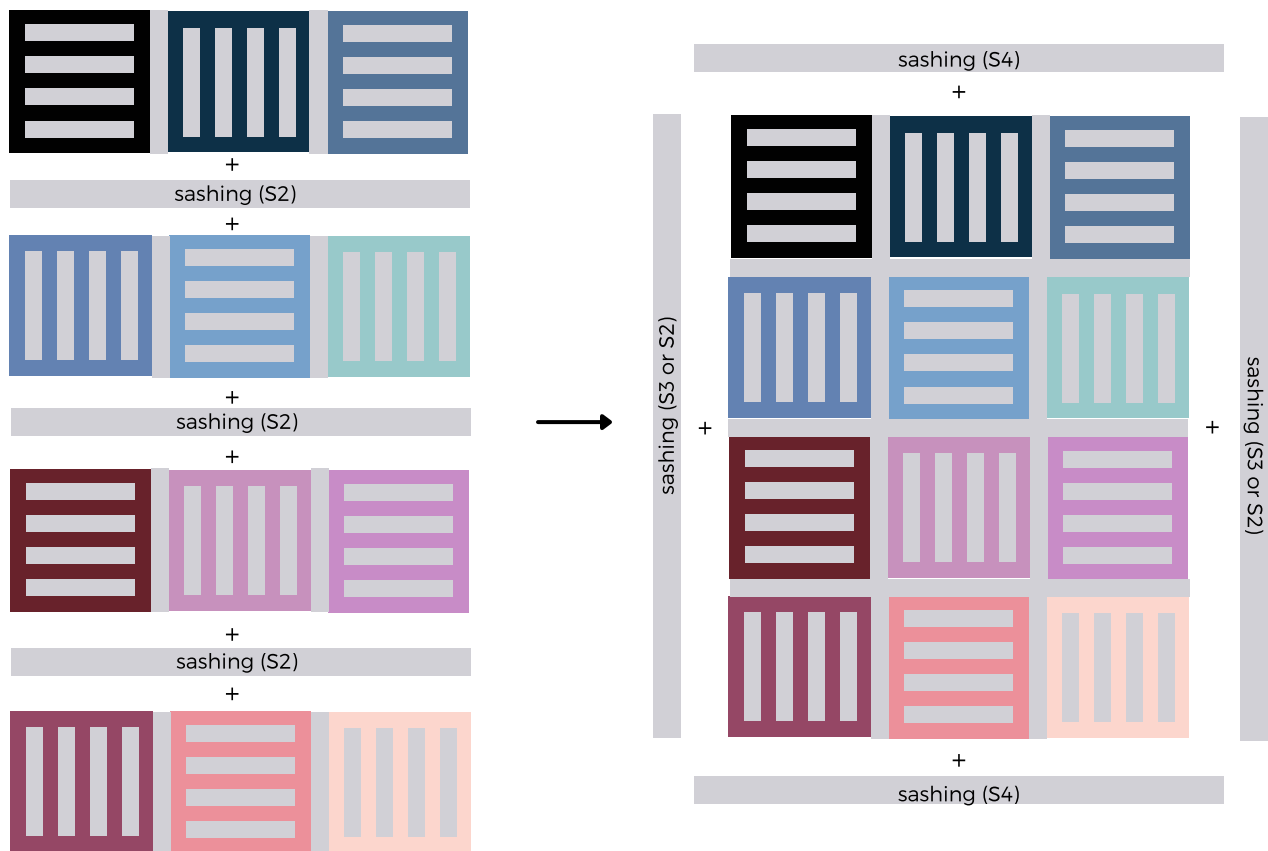
# QUILT ASSEMBLY

1. Press all seams towards the sashing.
2. Sew a **(S1)** strip between the blocks and sew together to create rows. Pay attention to the orientation of the blocks!



3. Sew the rows together with a **S2** strip between them.
4. Sew the rows together with the **S2** sashing between each row to make the center of the quilt.
5. Sew an **S3** (for Large Throw) OR **S2** (for Baby and Square Throw) strip to each side of the quilt.
6. Sew an **S4** strip to the top and bottom of the quilt.

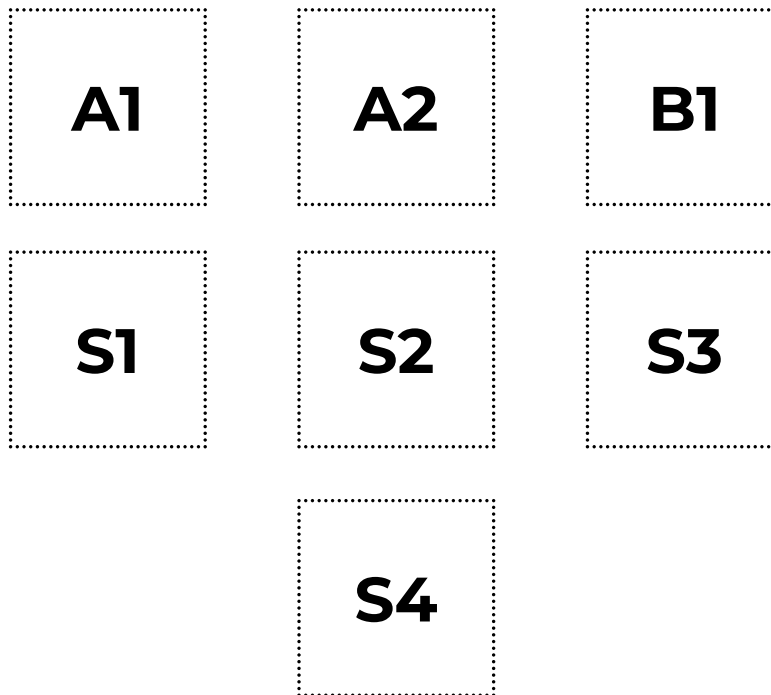
**Note:** Assembly is shown for Large Throw size. Technique is the same for all sizes.



# QUILT CONSTRUCTION

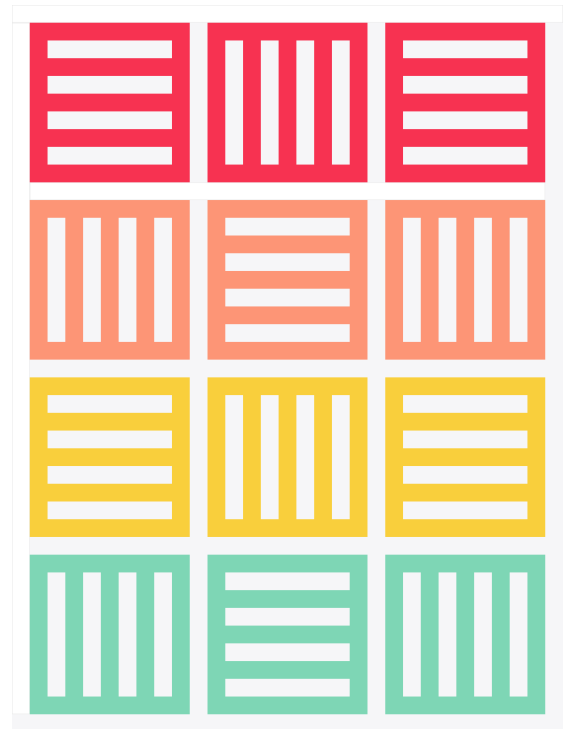
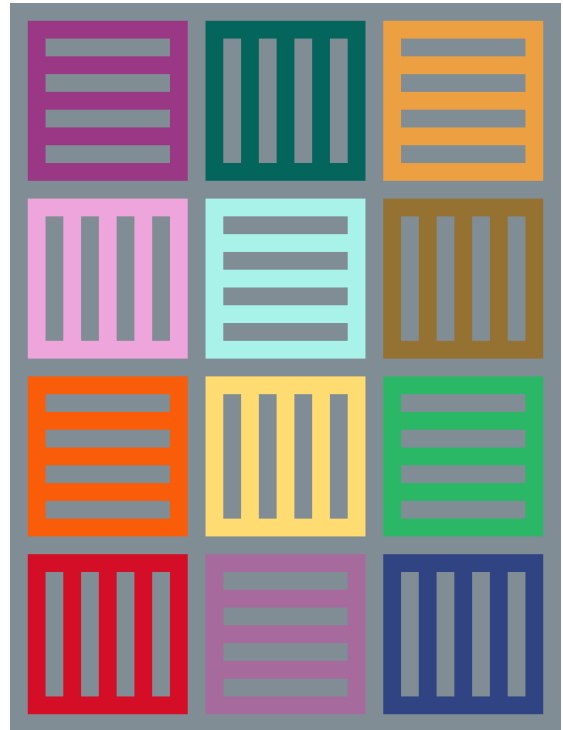
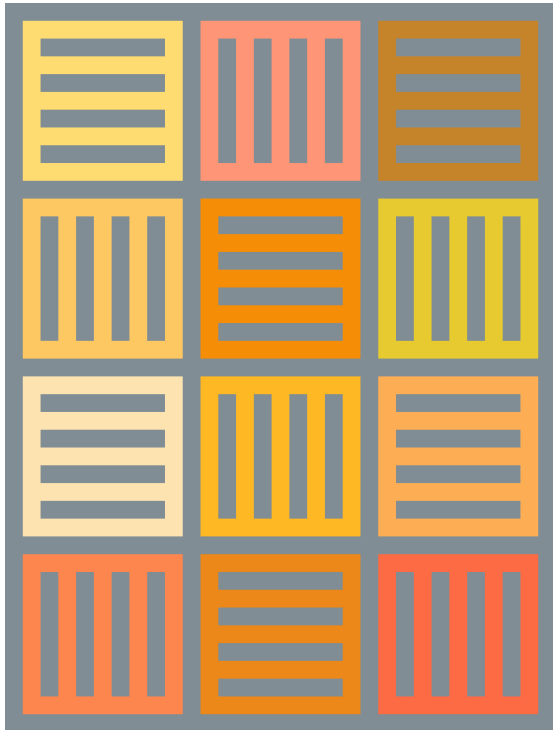
1. Piece backing together for desired quilt size.
2. Baste, quilt as desired, and bind.
3. Enjoy!

## LABELS





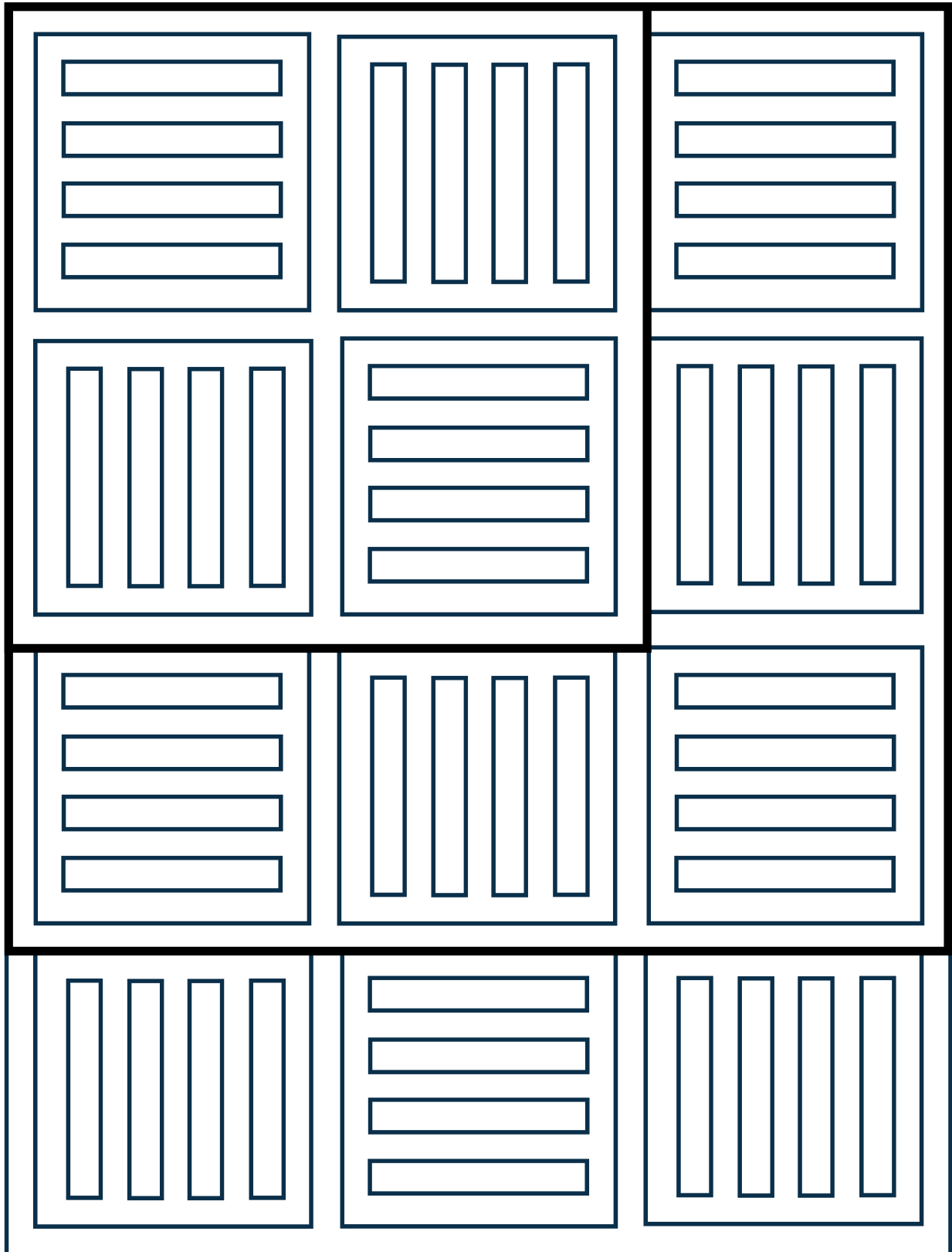
# COLOR INSPIRATION



# COLORING PAGE

Baby Size

Square  
Throw Size



Baby Size

Square  
Throw Size

Thank you for using my pattern!

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You may sell quilts made using this pattern on a small scale, but please give credit to me,  
Jessica Poémape.

Tag any photos you post with **#maplebarquilt**, **#jesspoemapepatterns**, and **#jesspoemape**!  
I'd love to see what you come up with!